



RADIAL HEAD REPLACEMENT

DR MENCIAS, MD

5-7 DAYS POST OP

The post op dressing is removed.

Fabricate custom long arm splint with wrist included.

Initiate edema control and AROM to the wrist and elbow, no forceful supination or pronation.

Emphasis on HEP for ROM in pain free arc.

4 WEEKS POST OP

Initiate PROM and increase effort with supination and pronation.

Consider 1# weighted stretch for elbow motion.

6 WEEKS POST OP

Initiate strengthening.