

**MEDIAL EPICONDYLE FRACTURE STATUS POST ORIF  
DR. MENCAS, MD**

**2 WEEKS POST OP**

Cast will be removed.

Fabrication of custom long arm splint with wrist included.

Initiate A/PROM

**4-6 WEEKS POST OP**

Discontinue splint based on symptoms.

Initiate gentle progressive strengthening.

**6-10 WEEKS POST OP**

Can return to full activities based on symptoms.