

**RADIAL HEAD REPLACEMENT with
INTERNAL JOINT STABILIZATION SKELETAL DYNAMICS
DR. MENCIAS, MD**

5-7 DAYS POST OP

Remove post op dressing.
Fabricate long arm splint with wrist included.
Initiate AROM

2 WEEKS POST OP

Full ROM is expected.

4 WEEKS POST OP

Initiate wrist and forearm strengthening.
Wean splint during the day. Continue in the community.

6 WEEKS POST OP

Initiate elbow strengthening.
Discontinue splint.

NOTE: *4 months post op the internal brace is removed.*